

Human Life and Health

TALKS TO MOTHERS

By DR. S. JOSEPHINE BAKER.
Director Child Hygiene Division, New York City Board of Health
(COMPLETE IN TWELVE ARTICLES)

When it comes mid-summer your baby may be over a year old. You may think it is time it was weaned. Don't do it unless a doctor orders you to.

If you are well it won't hurt you to nurse your baby until the dangerous hot weather is over, and it will make your baby's chances of living much better.

If you are unable to nurse your baby any longer, keep it under the doctor's care until it gets used to its new food. If you can't nurse your baby entirely it is better to give it one or two breast feedings a day than none at all.

The rest of the feedings can be from a bottle carefully prepared.

I will tell you in another talk how to fix milk and take care of the bottles when you are unable to nurse your baby.

But if you want to give your baby its best chance to live, nurse it if possible.

Bad milk kills babies.

More bowel trouble among babies is caused by bad milk than by anything else. Bowel trouble kills more babies than any other cause.

Bad milk is poison to your baby.

If you see dirt in the bottom of a glass or bottle of milk don't use any more of that kind of milk. If you do you are likely to kill your baby.

Don't think that milk is clean because you can't see the dirt in it.

Some of the dirtiest milk looks perfectly clean.

It may be rich and perfectly white, and have no dirt in the bottom of the bottle as far as you can see, and yet your baby may be killed by it, as though you had fed him poison.

That kind of milk is full of little particles called bacteria.

These particles are too small for any human naked eye to see. There are hundreds and hundreds of them in one drop of milk.

Yet doctors have seen them with microscopes.

You can see them for yourself if you can get a doctor to let you see one drop of bad milk through a microscope.

These particles are alive. They grow very fast.

If you feed them to your baby in bad milk, they will grow in his stomach and bowels and make him sick.

Any loose dipped milk like store milk is unsafe. It is pretty sure to have bacteria in it, if it's open to the air.

Milk sold in bottles is much surer to be clean because the air has been kept away from it and the bacteria have had no chance to grow.

Don't buy your milk at a grocery store or delicatessen store or any place where they dip it out and sell it to you loose.

Bottle milk costs a little more, but it is better to pay one, two or three cents more for it each day than to lose your baby by feeding him bad milk.

WILL ATTEND CONVENTION

Arthur J. Michels is Delegate of Local Electric Club.

Arthur J. Michels of South Bend was appointed delegate and H. C. Knight of Elkhart alternate to the National Electric Light association convention at Philadelphia, May 31 to June 6, at the meeting of the Northern Indiana & Southern Michigan Electric club Tuesday night. J. R. Ormer of Elkhart presided. The two highest from Elkhart and South Bend were balloted on as a whole in selecting the delegate and alternate.

WANTS LAND RETURNED

Woman Claims She Had Life Interest in Property.

Rosa Szczodrowski has filed suit in the circuit court against Teofil Zaremka to recover \$150 damages and the possession of a portion of land, which she claims the defendant is alleged to have sold to Ladislau Beckiewicz. The complaint states that the plaintiff has a life estate in the land while the defendant has only a three-fourths interest which is not subject to sale.

RE-ELECT OFFICERS.

The following officers were re-elected Monday by the St. Joseph Loan and Trust Co.: J. M. Studebaker, president; Jacob Woolverson, vice president; Rome C. Stephenson, second vice president and treasurer; George U. Bingham, secretary; H. E. Elbel, cashier.

Sense and Sentiment

THE CHANCE.
While hurrying down life's busy stream
And singing as you go:
You meet some travelers, who seem
Filled to the brim with woe.
They are the derelicts of life.
The butt of circumstance.
Who lost their footing in the strife.
While waiting for a "chance".

THANKSGIVING DAY WILL BE ALONG LATER. THE THINGS WHICH JUSTIFY IT WILL HAPPEN IN THE MEANTIME.

R. W. G.—"Gas" always signifies gasoline. When the steering wheel genius says "Oil" he means lubricant.

Strictly Not Nix.

There is still a vacancy on our town board caused by the resignation of V. E. Craig.—New Richmond Sun.

WHAT HAS BECOME OF THE UNION STATION TALK?

The Grand Trunk at least ought to be made to pave between the tracks.

Circus Day at New Ross.

Sixty cars of Ringling's circus passed through here Wednesday morning. There were three trains and ten passenger coaches.—New Ross Times.

About the best we can say of the days that are gone is that they are gone.

A. E. M.—The object of a jail is to protect society from dangerous criminals until they have been in jail long enough to be incurable.

Boarding House Hash.

"Chase the cow down this way, please," said the fresh young boarder.

"Here, Minnie," said the landlady, "take the cow down to where the calf is bawling."

Now in the parks once more begin.
The tulip leaves earth's jail to break.
And, pushing up, enlargement win.
Like plums escaping from a cake.

"Buy It By The Box."

One day William Wrigley chewed spearmint leaves because they tasted good. He took some ordinary gum and flavored it with spearmint leaves. He liked the idea and Wrigley capitalized on it to the extent of nine millions.

IT TAKES TWO TO MAKE A QUARREL, TWO TO MAKE A BARGAIN AND TWO TO RAISE A SALARY.

Health hint: Do not overeat; do not underbreathe.

After the Niles road building stunt, what? A DOLLAR DAY?

Swat the Infants.

Flies multiply rapidly. One fly can become the ancestor of several billion other flies in a single season. "Doc" Hurty is authority for this and "Doc" ought to know.

"After awhile" is an attic wherein are stored many of those things we hope to use some day but which in truth are consigned to the limbo of oblivion.

Hire a relative to work under you and you seldom do a service to him or the business.

Fast Mail.

William Winter has purchased a runabout in which to deliver the mail.—Wingate News.

Not even a vinegar merchant can afford to wear a sour face.

A Mule, A Darkey, A "Doc" and A Moral.

A doctor down South, who was riding out on one of his professional calls one day, came to an old colored man with a mule that had balked in the middle of the road. As the doctor came up the old darkey said:

"See heah, boss, I will give a dollar to any man that will start that mule."

"All right," said the doctor, "we will try."

So the doctor jumped out of his buggy, took his hypodermic syringe, went up to the mule and injected some chloral under his hide. The mule stood a minute, then reared up on his hind feet, and started on a full jump down the road.

The old darkey looked on in great surprise, then started after the mule, crying "Whoa, whoa," until he gave up the chase for want of breath. When the doctor came up to him he said:

"See heah, boss, how much do you charge for that?" The doctor smiled and said, "Oh, about a dime."

The darkey fumbled in his pockets, pulled out twenty cents and said: "Heah am twenty cents. Doots just put some of dat in me, so I can catch dat blamed mule."

There are men in South Bend who have been in the dill pickle and prune business since wandanother wore nine rows of rick rack around the bottom of her petticoat, who need an injection of some kind to catch up with the times.

CHESTER REESE.

SULPHUR DRIES UP ECZEMA AND STOPS ITCHING

This Old Time Skin Healer is Used Just Like Any Cold Cream.

With the first application of bold-sulphur cream the angry itching attending any eczema eruption ceases and its remarkable healing powers begin. Sulphur, says a renowned dermatologist, just common bold-sulphur, made into a thick cream will soothe and heal the skin when irritated and broken out with Eczema or any form of eruption. The moment it is applied all itching ceases and after two or three applications the Eczema disappears, leaving the skin clear and smooth.

He tells Eczema sufferers to get from any good pharmacy an ounce of bold sulphur cream and apply it to the irritated, inflamed skin. The same as you would any cold cream.

For many years this soothing, healing sulphur has occupied a secure position in the treatment of cutaneous affections by reason of its parasite-destroying property. It is not only parasiticide, but also antipruritic, antiseptic and remarkably healing in all irritable and inflammatory conditions of the skin. While not always establishing a permanent cure it never fails to instantly subdue the irritation and heal the Eczema right up and it is often years later before any eruption again appears on the skin.

—Adv.



Geo. Curry
ex-Governor, New Mexico

"Tuxedo appeals to me strongly on account of its cool, mild, pleasant flavor. Therein lies its superiority to all other tobaccos."

Geo. Curry

STANTON WARBURTON
Congressman, State of Washington

"My own experience leads me to believe that every desirable quality is present in Tuxedo Tobacco. It is the best smoke I ever had."

D. W. Warburton

IRVIN S. COBB
humorist and novelist

"I can't think of any reason why I shouldn't say I like Tuxedo—because I do like it, very much."

Irvin S. Cobb

Why Should I Smoke TUXEDO?

TUXEDO is the logical smoke for millionaires because it is impossible to buy a better tobacco.

Tuxedo is the logical smoke for the economical man because there are 40 pipefuls in a ten-cent tin—making the average cost per pipeful only one-fourth of a cent!

To buy cheaper tobacco means to get less pleasure out of smoking, because it is impossible to make a tobacco as good as Tuxedo at less than the Tuxedo price!

Tuxedo

The Perfect Tobacco for Pipe and Cigarette

Tuxedo is made of only the finest, choicest selected leaves of perfectly aged Burley tobacco. It is made by the original Tuxedo process which takes all the unpleasantness out of tobacco and leaves all the pleasantness in!

Tuxedo has a deliciously mild, fragrant aroma that is pleasant to all. It is the only tobacco you can smoke in a room full of lace curtains without leaving even a trace of an odor.

A trial will convince you that Tuxedo is superior to every other tobacco you have ever smoked. Buy a tin—today.

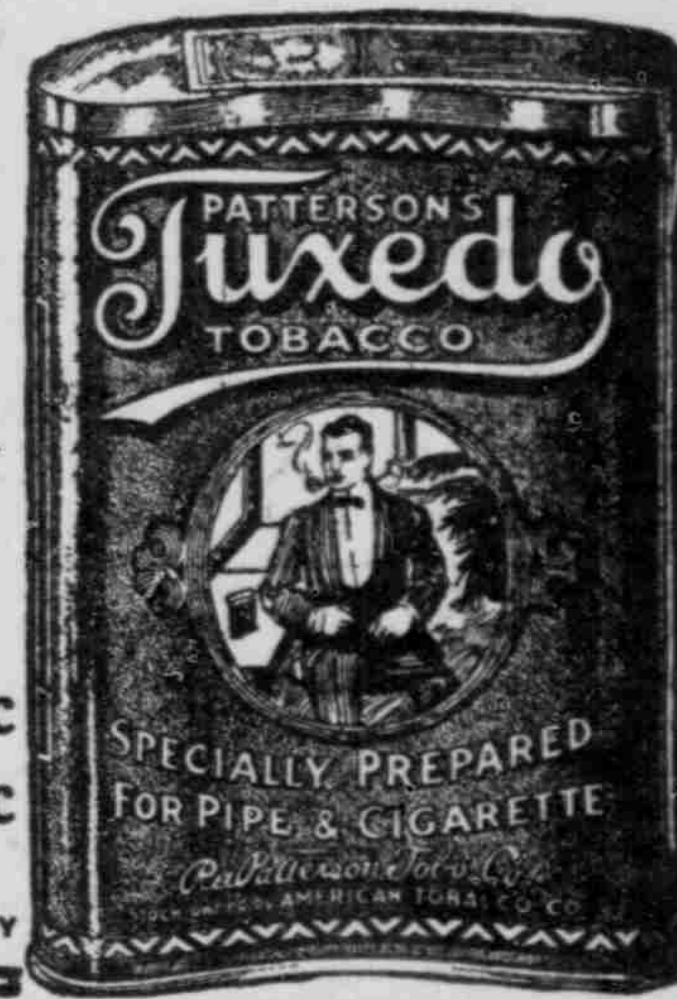
YOU CAN BUY TUXEDO EVERYWHERE

Famous green tin with gold lettering, curved to fit the pocket 10c

Convenient pouch, inner-lined with moisture-proof paper . . . 5c

In Glass Humidors 50c and 90c

THE AMERICAN TOBACCO COMPANY



These Bargains for Friday and Saturday, at Spiro's, offer a great money-saving opportunity for Men and Boys.

\$15, \$18.50, \$22.50, \$25 Men's Fancy Norfolk Suits, to be Sold at \$10.00

These are short lots "carried over," otherwise perfect; mostly light colors, some dark patterns. Here's a list of the sizes:

SIZES	33	34	35	36	37	38	40	42
QUANTITY	5	6	8	6	6	8	1	4

They're \$15, \$18.50, \$22.50, \$25 Values t go out Friday and Saturday at \$10.00

Then Also Here Are \$15, \$18.50, \$22.50, and \$25 Spring Weight Overcoats at \$10.00

You'll want one when you see them. They are mainly Hart Schaffner & Marx make; mostly light colors; many silk lined. Just one or two of a kind left; otherwise perfect; sizes 34 to 42.

Better Get in early. \$15, \$18.50, \$22.50, \$25 Spring Overcoats, your pick until gone at \$10.00

A Special Lot of \$10, \$12.50, \$15 and \$18.50 Men's Fancy Suits at \$5.00

Here are just 37 suits—light and dark colors—We've put a price on them that ought to move every suit out before Friday night. Here's a list of the sizes we have left:

SIZES	30	33	34	34	35	36	37	38
QUANTITY	2	6	4	5	5	8	4	3

Friday and Saturday these \$10, \$12.50, \$15 Values, to go at \$5.00

Boys' \$3, \$2.50, \$2, \$1.50 Wash Suits at \$1.00
Sailor and Russian styles; sizes 2½ to 10 years; fadeless patterns. Short lots, slightly soiled and mussed from showing. Your pick at \$1.00

SAM'L SPIRO & CO.

Home of Hart, Schaffner & Marx Clothes, "Sampeck" Boys' Suits and Knox Hats.

George H. Wheelock & Co.

This is Hotpoint Week at our Store



This remarkable new electric stove this week at just one-half of its actual worth; regularly \$5.00, for only \$2.50

Visit Our Store and See El Gostovo. It is its own best salesman. See Our Window Display.

Household Utilities Section

Third Floor

George H. Wheelock & Co.

OUR PRICES

22-k. Gold Crowns low as \$3.00
White Crowns, low as \$3.00
Bridge Work, low as \$3.00
Gold Fillings, low as \$1.00
Silver Fillings 50c

Teeth extracted without pain. 50c

No charge for extracting when ordering new teeth.

WHITE DENTAL PARLORS

111 W. Washington Ave. Over Herr's Book Store.

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Lewis C. Landon & Co.

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AUTOMOBILE SUPPLIES and ACCESSORIES

SPECIAL

6 gallons of gasoline and 1 quart of lubricating oil for \$1.00 cash.

AUTO INN SUPPLY STORE

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Phones:

Home 2584; Bell 3758.

DEVELOPING AND PRINTING

We are in a position to give you quick service on all Developing and Printing, as we have an expert photographer who has charge of the Kodak Department.

Instructions Free in developing and printing to those who purchase a Brownie or Kodak from us.

South Bend Camera Co.

With J. Burke & Co., Opticians, 230 South Michigan St.

BATH CABINETS

For Rheumatism, Gout, Bronchitis, Liver, Stomach, Kidney and Bladder Troubles. Price \$3.00 up.

OTTO C. BASTIAN

DRUGGIST
209 South Michigan Street.

FRANK GILMER

Candidate for Justice of Peace for Portage Township

Subject to Democratic Primary, May 19.

Adv.